



Slips, Trips and Falls

September IIPP Training - v2020





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Slips, trips and falls are no joke!
They rank among the most frequent types of accidents, second only to motor-vehicle accidents as a cause of death.

According to recent information from the Bureau of Labor Statistics, they are second in the number of disabling injuries in US occupations, accounting for nearly 25 % of all disabling injuries.



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National statistics tell us that more than a million people suffer from a slip, trip or fall injury each year. Over 17,000 die as a result of a slip and fall alone. Slip or trip and fall injuries account for 15% of all work-related injuries and are the second most common cause of workplace fatalities. Between 20 to 30 % of people experience an injury after falling, with an estimated 8.9 million visits to the emergency room every year.



Slip, Trip & Fall (STF)

Since 2017 we have a total of 21 STF Injuries

2017 to July 2020 = 13%
(Of our Total Injuries)

This means that we are right there with the industrial average. How do we break this trend and get better?

Take this training course seriously!

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Common hazards in our workplace that can and will lead to slips, trips, and falls:

- Not keeping work areas neat and orderly and not picking things up off the floor.
- Not watching where you're going or carrying something you can't see over the top of...
- Inattention to your walking path for uneven or defective flooring.
- Running or walking too fast and not paying attention such as being distracted.
- Spills and wet or slippery floors that haven't been cleaned.
- Not using *3-Points of Contact* on handrails and/or clutter on stairs and walkways.
- Attempting to walk on pallets to access parts.
- Attempting to pick-up or drag boxes using the strapping that commonly breaks.
- Not following the rules of 4WP 360° Hazard Awareness Principles.



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You don't have to fall from a great height to get injured. Many fall injuries occur on level ground when people trip over unexpected objects in their walking path.

Eliminate trip hazards by:

- Keeping your work area neat and tidy.
 - *Put things away after use*
 - *Don't leave boxes, tools, or other materials on the floor*
 - *Don't block walkways with hand trucks, forklifts, cords, or other equipment*
 - *Don't place anything on stairs*
 - *Don't leave office drawers open*
- Pick up items from the floor, even if you didn't put them there.
- Walk slowly and change directions slowly, especially when carrying a load.
- Watch for changes in floor level such as a single small step or ramp.

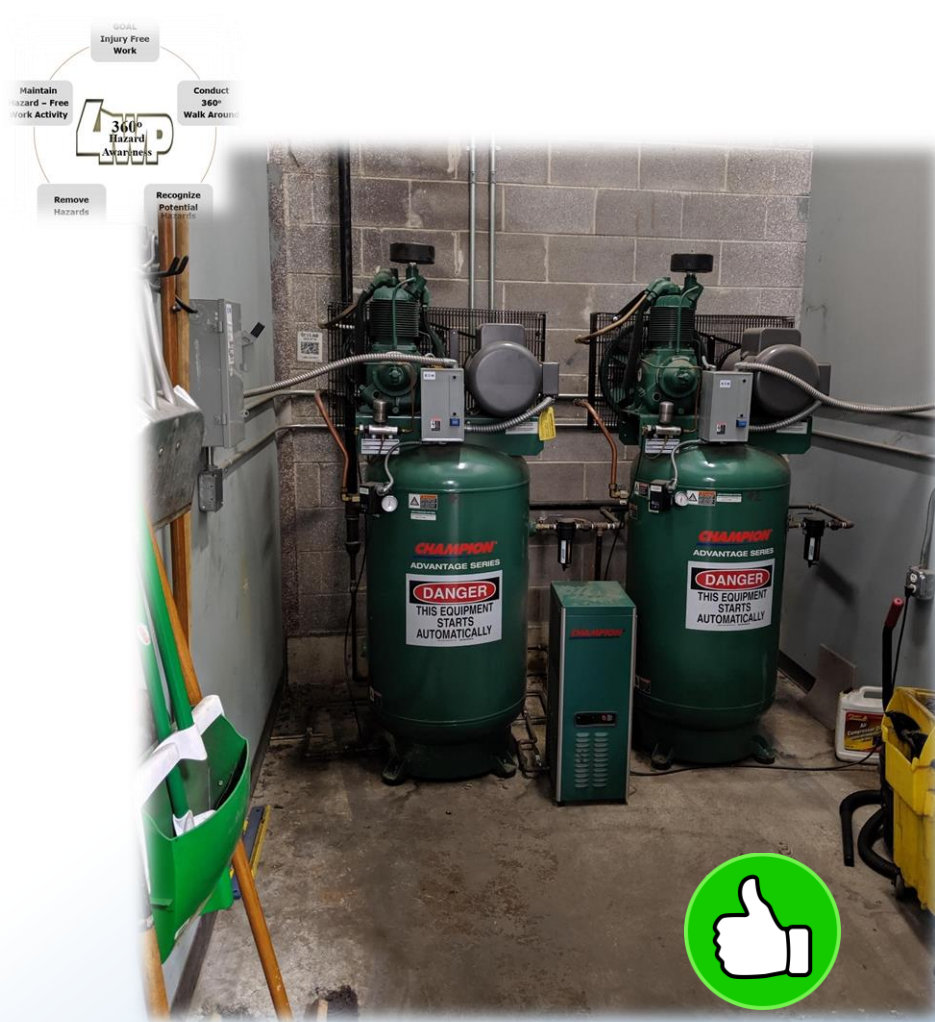


CAUTION
WATCH YOUR STEP



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It's easy to slip and fall on wet, painted, waxed, or smooth surfaces. In order to avoid this, use these tips:

- Clean up spills, drips, and leaks immediately. And, “if you see it you own it”.
- Put up a sign or barrier to warn others of a slick spot so they don't walk into it.
- Mats at entry ways also help to keep floors dry.
- Wear boots with soles of non-skid material and keep the bottoms dry.
- When there is no choice but to walk through water, ice, or slippery surfaces, walk slowly and slide your feet.
- Never climb on pallet racking or other equipment. Use 3-Point of Contact on properly set up ladders.
- In icy conditions, be sure to sand the surface adequately or use other products to melt the ice.
- If ice cleats are available, use them for better traction but continue to walk very carefully!



Pay Attention & Make Adjustments – As Needed!

Always be alert to all the potential slip and trip hazards by:

- Paying attention to where you're going and always keep an eye out for potential hazards.
- Adjust your stride according to the walking surface.
- Slow down on slippery surfaces, ramps, stairs, or in areas where there are obstructions in your path.
- Make wide turns at corners. If you try to take a sharp corner, you could plant your foot into a slippery area causing a slip and fall.
- When carrying objects, do not carry so many items that your forward vision is blocked.
- Make sure you can always see the floor in front of you, especially when traveling up and down stairs or ramps.



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Documentation of Understanding – Slips, Trips & Falls

Print Name: _____ Signature: _____ Store: _____ Date: _____

1. Slips, trips and falls can cause disabling injuries? True or False
 2. What are some common hazards that can potentially cause a trip in our shops?
 - a) Pneumatic hoses lying around work areas
 - b) Parts removed from jeeps lying around work areas
 - c) Scattered cardboard and plastic debris from newly installed parts
 - d) All of the above are potential trip hazards
 3. Since 2017, what is the percentage of our injuries that were caused by slip, trip and falls (STF)?
 - a) 12%
 - b) 25%
 - c) 13%
 - d) 15%
 4. Common hazards in our workplace that can and will lead to slips, trips, and falls - if we are not careful are?
 - a) Not keeping work areas neat and orderly and not picking things up off the floor
 - b) Inattention to your walking path for uneven or defective flooring
 - c) Running or walking too fast and not paying attention such as being distracted
 - d) All of the above are hazards that can lead to slips, trips and falls
 5. Eliminate trip hazards by doing which of the following?
 - a) Put things away after use to prevent being tripped over
 - b) Don't leave boxes, tools, or other materials on the shop or retail floor
 - c) Both a) and b) are ways to help eliminate trip hazards in our stores and shops
 - d) Neither a) nor b) will be helpful ways to eliminate trips in our stores and shops
 - 6) What can you do to avoid slips?
 - a) Clean up spills, drips, and leaks immediately
 - b) Put up a sign or barrier to warn others of a slick spot so they don't walk into it
 - c) Keep the bottom of your boots and shoes dry
 - d) All of the above are ways to avoid slips
 - 7) To help fight against slips, you should purchase "non-skid soles" boots and add ice cleats if there is icy conditions? True or False
 - 8) Always be alert to all the potential slip and trip hazards by paying attention to where you're going and always keep an eye out for potential hazards. True or False
- Bonus:** Pay Attention and Make Adjustments – As Needed! Is this statement True or False? True or False



Avoid STF by constantly performing a 4WP Hazard Awareness check of your workspace and surroundings!